# **FALL 2018 PROGRAM GUIDE**



- Active Older Adults
- Athletics and Fitness
- Enrichment
- Outdoor Activities
- Special Events
- Winter Day Camp



Enjoying the Autumn Leaves with Parks and Recreation!

# **FLUVANNA COUNTY PARKS AND RECREATION STAFF**

## **Aaron Spitzer**

**Director of Parks and Recreation** 

aspitzer@fluvannacounty.org (434) 589 - 2016

#### **Faith Stuart**

**Active Seniors and Therapeutic Recreation Coordinator** 

fstuart@fluvannacounty.org (434) 842-3150

#### **Eric Armentrout**

**Recreational Programs and Special Events Coordinator** 

earmentrout@fluvannacounty.org (434) 842 - 3150

#### **Thomas Baber**

**Athletics and Special Events Coordinator** 

tbaber@fluvannacounty.org (434) 589-2016

## **Malinda Payne**

**Administrative Program Specialist** 

mpayne@fluvannacounty.org (434) 589 - 2016

#### **Brian Coffield**

**Museum Attendant** 

pghmuseum@fluvannacounty.org (434) 589 - 2016

# Jane Berkeley

**Museum Attendant** 

pghmuseum@fluvannacounty.org (434) 589 - 2016

<u>MISSION STATEMENT:</u> Our Parks and Recreation Department's mission is to promote opportunities for residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural resources.

# FLUVANNA COUNTY BOARD OF SUPERVISORS

Mike Sheridan, Chairman Columbia District

mikesheridan@fluvannacounty.org

Mozell Booker, Vice Chairman Fork Union District

mbooker@fluvannacounty.org

Tony O'Brien Rivanna District

tobrien@fluvannacounty.org

Donald W. Weaver
Cunningham District

dweaver@fluvannacounty.org

Patricia B. Eager Palmyra District

peager@fluvannacounty.org

Board Meetings are the first Wednesday at 4pm and third Wednesday at 7pm of every month. www.fluvannacounty.org/government/bos



# FLUVANNA COUNTY PARKS AND RECREATION ADVISORY BOARD

Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

Tony O'Brien - BOS Liaison tobrien@fluvannacounty.org (434) 242 - 1659

Wade Parrish - Chairman parrishw@embarqmail.com (434) 981 - 4490 Jerry Custer - Vice Chairman

jcuster@radiometeramerica.com (434) 589 - 3969

Scott Morris - School Liaison smorris@apps.fluco.org (434) 589 - 8208 David Wood - At Large

halloween13dw@gmail.com (434) 962 - 7880

Walter Hussey - At Large whthinker@yahoo.com (703) 967 - 1798 Wendy Edwards - At Large hppermediahq@gmail.com (434) 996 - 8144

Hattie Lintecum - Student hattie805lintecum@gmail.com

FLUVANNA COUNTY... THE HEART OF VIRGINIA AND YOUR GATEWAY TO THE FUTURE

# TABLE OF CONTENTS

•	Athletics and Fitness4
•	Active Older Adults7
•	Dog Obedience8
•	Enrichment10
•	Halloween Festival11
•	Winter Day Camp11
•	Holiday Celebration12
•	Outdoor Activities13
•	Canoe & Kayak15
•	Tickets15
•	County Fair16
•	Library Programs19
•	Rentals21
•	Registration Form22
•	FCPR Facilities and Partners23

# **Financial Assistance**

FCPR offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review. You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

# **Volunteer Opportunities**

We are committed to working cooperatively in the development of programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents.

# **Interested in Teaching a Class?**

Teaching doesn't have to be hard! We will help you. Tell us what you would like to teach, we'll help you create a curriculum, advertise the program, and bring you the students.

Call (434) 589 - 2016 for information.

# **HOW TO REGISTER FOR PROGRAMS**

- Registration for all programs opens when the current program guide is distributed.
- You must be signed up one week prior to the first class of each session.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at https://fluvanna.recdesk.com/Community and click "Log In".
- Register in person at the following locations during business hours:
  - 1. **Pleasant Grove House Museum,** 271 Pleasant Grove Drive, Palmyra, VA 22963 Monday Friday, 8 AM 5 PM & Saturday Sunday 12 4 PM.
  - 2. **Fluvanna Community Center,** 5725 James Madison Highway, Fork Union, VA 23055 Monday Friday, 8 AM 5 PM.
- After business hours, you can leave registrations and payments in one of our drop boxes:
  - 1. Pleasant Grove Equestrian Parking, 271 Pleasant Grove Drive, Palmyra, VA 22963
  - 2. Carysbrook Sports Complex, 8788 James Madison Highway, Palmyra, VA 23055
  - 3. Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055
- Payment is due one week before program starts.
- COURSE INSTRUCTORS DO NOT COLLECT FEES.
- A \$20 charge is added for returned checks.

# **ATHLETICS AND FITNESS**

# HATHA YOGA 1 & 2 MIXED LEVELS

# Ages 16+ / See Dates Below / 10:30- 11:45 am / \$48 / Fluvanna Community Center

Discover new health and serenity by learning to both tone and relax the body and to calm the mind. Bring a mat and small pillow. Do not eat for two hours prior to class. Beginners are welcome! Instructor Devi Peterson (RN) is certified to teach Integral Yoga Hatha Levels 1 and 2. If you need to register before class, please arrive 15 minutes early. No Class on Labor Day and Columbus Day.

**Session 1:** Aug 20 - Oct 1 Mondays (No class on 9/3)

Session 2: Sept 12 - Oct 17 Wednesdays

Session 3: Oct 15 - Nov 26 Mondays (No class on 11/12)

Session 4: Oct 24 - Nov 14 & Nov 28 - Dec 5 Wednesdays

Session 5: Dec 3 - Dec 17 & Jan 7- Jan 28 Mondays (No class on 1/21)

Session 6: Dec 12 - Dec 19 & Jan 2 - Jan 23 Wednesdays

Contact Thomas Baber with questions at (434) 589 - 2016 or tbaber@fluvannacounty.org

# **HOMESCHOOL GYM**

# Ages 5 - 14 / Mondays / Sept 10 - Nov 5 / No class Oct 8/ \$50 per child \$5 off for additional siblings / Carysbrook Gym

Looking for a way to get your child involved in physical activity? This program is what you are looking for. Kids will be moving around as we learn the basics of a few sports. We will play various gym games.

Ages 5 - 9 (1 - 1:50 pm) Ages 10 - 14 (2 - 2:50 pm)

Contact Thomas Baber with questions at (434) 589 - 2016 or tbaber@fluvannacounty.org

## CHEERLEADING

# Ages 5 - 13 / Mondays Nov 26 - Mar 4 / 3 - 5 pm / Regular Extended Education fee \$5 per day + \$15 shirt cost / Central Elementary



Extended Education is partnering with Parks and Recreation to offer cheerleading. Participants must be registered as Extended Education students. They will be expected to follow all the rules and requirements of that program. Cheerleading will end at 5 pm, and participants may be picked up at that time or parents can pick them up until 6 pm without an additional fee. After-school transportation can be provided from Fluvanna County Schools to Central Elementary. Saturday games begin January 5, 2019.

Contact Gary Greenwood with questions at (434) 589 - 8318 or exeducation@apps.fluco.org

# **ATHLETICS AND FITNESS**

# PICKLEBALL / ADULTS / FREE / CARYSBROOK GYM

Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport for athletes 50 and over! Players use oversized wooden paddles and a whiffle ball that moves and bounces slower than a tennis ball. The game is played on a badminton-sized court that is divided by a 34-inch high net making the game easier for athletes to cover the court. Paddles and balls are provided. Come join this activity which is fast paced, easy to learn, great exercise, and a lot of fun!

Aug 20 - Nov 5: Nov 16 - Mar 11:

Mondays, 6 - 8:30 pm Mondays, 6 - 8:30 pm (at the FMS Annex Gym)

Fridays, 1:30 - 4 pm Fridays, 1:30 - 4 pm Saturdays, 6 - 8 pm Saturdays, 6 - 8 pm



# AFTER SCHOOL KARATE / TAE KWON DO KARATE

# Ages 5+ / Wednesdays, see dates and times below / \$55 / Carysbrook Gym

Afterschool Tae Kwon Do Karate will begin on Wednesday, September 5. This martial arts is a branch of Grand Master Dong's whose headquarters is in Richmond. In this 6 week session, beginner students will learn the basics (stances, front snap kick, blocks, punches, and self-defense grabs). These classes help to improve self-confidence and self-discipline while learning how to protect and defend. Skills are taught and reinforced with fun learning skills (targets, stations, partners, and blocking games). Students are always learning while never getting bored! Colored belt students will continue to learn their requirements for their next ranking belt. Taught by 5th Degree Master Bonnie Snoddy.

SESSION 1: Sept 5 - Oct 10

**BEGINNER & WHITE BELTS** (ages 5 & up) 3:30 - 4:10 pm **COLORED BELTS** (all colored belt ranks) 4:15 - 4:55 pm

SESSION 2: Oct 31 - Dec 5 (No class Nov 21, make up on Nov 19)

**BEGINNER & WHITE BELTS** (ages 5 & up) 3:30 - 4:10 pm **COLORED BELTS** (all colored belt ranks) 4:15 - 4:55 pm

Contact Thomas Baber with questions at (434) 589–2016 or tbaber@fluvannacounty.org

# **FAST / YEAR ROUND SWIM & LEARN TO SWIM**

Helping swimmers to be the best they can be through goal setting and innovative, improvement-focused

training.



Contact Coach Cos Difazio with questions at cos.difazio@gmail.com www.iswimfast.com

# **ATHLETICS AND FITNESS**

# LITTLE TYKES BASKETBALL DEVELOPMENT

Ages 3 - 4 / Nov 3 - Dec 15 (No Class Nov 24) / 9 - 10 am / \$50 / Carysbrook Gym

# Players will learn the basics of basketball and skill development.

This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games.

All sessions are organized by age. Open until filled. Space is limited!

# MIGHTY MITES BASKETBALL DEVELOPMENT

Ages 5 - 6 / Nov 3 - Dec 15 (No Class Nov 24) / 10 - 11 am / \$50 / Carysbrook Gym

# Players will learn the basics of basketball and skill development.

This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games.

All sessions are organized by age. Open until filled. Space is limited!

## FCPR BASKETBALL LEAGUE

# Ages 7 - 17 / Deadline to sign up Nov 16 / Games are on Saturday at 9 am / \$70 / Locations vary

The FCPR Basketball League is an excellent place for players to learn good sportsmanship and fair play. Participants must meet age requirements by February 1, 2019. Teams will practice once a week between Monday and Thursday. The team selection process will be based on a player evaluation and last season participation. Evaluations will be held at Carysbrook Gym, see dates and times below. Special request for coaches and teammates will be evaluated on a case-by-case basis. All children are required to play half of each quarter of the game. Games are scheduled on Saturday mornings starting at 9 am.

# **EVALUATION TIMES & DATES: Evaluations will be held at Carysbrook Gym**

Age Range:	Evaluation:	Time:	
7-8 year olds	Nov 7	6:30-8 pm	
9-10 year olds	Nov 8	6:30-8 pm	
11-13 year olds	Nov 14	6:30-8 pm	
14-17 year olds	Nov 15	6:30-8 pm	XXXX

\* COACHES ARE NEEDED! Contact Thomas Baber with questions at (434) 589 - 2016 or tbaber@fluvannacounty.org (434) 589 - 2016 or tbaber@fluvannacounty.org

# **ACTIVE OLDER ADULT CENTERS**

# Fluvanna County's Senior Programs provide a variety of activities for those 55 and over.

Join us for charitable projects, exercise games, games with prizes, trips, guest speakers, and community forums. Monthly calendars are posted on the County website and on the Fluvanna Parks and Recreation Facebook page. All programs are free, unless otherwise indicated. We are actively seeking new members and volunteers are welcome. One-time visits are welcome, too!

**Cunningham:** Meets first and third Monday of the month, from 10 am - 2 pm. VFW Post 8169, 2997 West River Road, Scottsville, VA 24590

**Fork Union:** Meets every Wednesday of the month, from 10 am - 2 pm. Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055 (RN provides free blood pressure and blood glucose screening, call ahead to confirm.)

**Kents Store:** Meets second and fourth Thursday, of the month from 10 am - 2 pm. ARC Building, Kents Store, 111 Kents Store Way, Kents Store, VA 23084

**Troy:** Meets first and third Tuesday of the month, from 10 am - 2 pm. Beaver Dam Baptist Church, 1794 Richmond Road, Troy, VA 22974

**Please note:** Centers will be open unless there is inclement weather, see policy at bottom of page.

For questions, please contact Faith Stuart at 842-3150 or fstuart@fluvannacounty.org

# MEDICARE WORKSHOP / FREE / Friday, Sept 7 / 10 - 11 am

# Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055

Have you found that choosing the right Medicare coverage for you can be overwhelming? Whether you have Medicare or are trying to understand the various parts we can help.

## You will learn:

- The Parts of Medicare, including A, B, C & D, Medicare Supplements and Medicare Advantage.
- This Medicare workshop is an educational seminar and answers your questions to help you better understand Medicare coverage. Now is the time to consider all your options and learn about the different parts of Medicare. Paul Pellicane of Pell Insurance Solutions will be conducting the class.

Attention Veterans and Dependents! Do you know your Veterans Benefits? We do!

Virginia Department of Veterans Services www.dvs.virginia.gov

Need help? Visit us at the Fluvanna Community Center by appointment only.

5725 James Madison Highway

Pamela Zirkle & Jeannette Flint (434) 295 - 2782

By appointment, 1st Wednesdays of each month from 9 - 11:30am

Virginia Department of Veterans Services



# DOG OBEDIENCE TRAINING

About the Instructor: Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help people solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companion. She uses positive reinforcement methods.

Contact Ashleigh Morris at (434) 589 -7209 or aymorris@hotmail.com with any questions.

## **BEGINNING OBEDIENCE**

All Ages / See Dates & Times Below / \$75 per Session / Dog Spot @ Fluvanna Community Center Dogs will be dogs until humans teach them proper manners. Learn how to positively motivate your dog to learn how to live in the human world. This class teaches sit, look, down, stay, come, leave it, and loose leash walking — all building blocks to a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome. Families are encouraged to attend together.

Session 1:	Aug 29 - Sept 26	Wednesdays	6:30 - 7:30 pm	4
Session 2:	Aug 30 - Sept 27	Thursdays	10:00 - 11:00 am	
Session 3:	Oct 2 - Oct 30	Tuesdays	6:30 - 7:30 pm	
Session 4:	Oct 3 - Oct 31	Wednesdays	3:30 - 4:30 pm	
Session 5:	Nov 5 - Dec 10	Mondays	6:30 - 7:30 pm	
Session 6:	Nov 6 - Dec 4	Tuesdays	10:00 - 11:00 am	

# CANINE GOOD CITIZEN OR INTERMEDIATE OBEDIENCE OR CONFIDENCE CLASS\* Dates and Times Below / \$75 / Dog Spot @ Fluvanna Community Center

Session 1:	Aug 29 - Sept 19	Wednesdays	7:30 - 8:30 pm (CGC will end Sept 26)
Session 2:	Aug 30 - Sept 20	Thursdays	9:00 - 10:00 am (CGC will end Sept 27)
Session 3:	Oct 2 - Oct 23	Tuesdays	7:30 - 8:30 pm (CGC will end Oct 30)
Session 4:	Oct 3 - Oct 24	Wednesdays	4:30 - 5:30 pm (CGC will end Oct 31)
Session 5:	Nov 5 - Dec 3	Mondays	7:30 - 8:30 pm (CGC will end Dec 10)
Session 6:	Nov 6 - Dec 4	Tuesdays	9:00 - 10:00 am (CGC will end Dec 11)

<sup>\*</sup>Depending on demand, one of these classes will run during the designated dates and times. Please let Ashleigh know as soon as possible which class you are interested in. You will be contacted closer to the class date as to which class will be held. Since the Confidence Class is held outdoors, the dates and times it is offered is seasonal.

# **DOG OBEDIENCE TRAINING**

# **CANINE GOOD CITIZEN**

This class is designed to teach you how to teach your dog to be a good citizen in the community. Ashleigh will spend each class teaching and perfecting the 10 skills needed to pass the AKC Canine Good Citizen test. She is an approved AKC Canine Good Citizen Test evaluator.

The official AKC CGC Test is offered for an additional fee at graduation. This is a 5-week class.

## **CONFIDENCE BUILDING**

Help your dog gain confidence while you have fun teaching your dog to conquer a variety of obstacles. The more dogs learn and try new things, the more confidence they obtain. Continuing to work together helps them place more trust in their human and strengthen your bond. This is a 4-week class.

## INTERMEDIATE OBEDIENCE

Take your dog's training to the next level. In Intermediate Obedience, learn to get your dog to focus on you and respond to you with lots of distractions. You and your dog will build on the skills learned in Beginning Obedience. There is a focus on hand signals and making the basic commands more challenging. This is a 4-week class.

\*Graduates of the Beginning Obedience Class may enter these classes. If you have a question about your dog's obedience level please contact Ashleigh at (434) 589 -7209 or aymorris@hotmail.com

# **DOG TRAINING ONE-DAY CLINICS**

# Dates and Times Below / \$30 per Clinic / Dog Spot @ Fluvanna Community Center

Training clinics are designed to help people learn how to teach basic skills to their dogs. Clinic I is a prerequisite to taking Clinic II, Clinic III & IV, unless you have trained with Ashleigh previously. You can choose which clinics you attend or attend all of them.

Clinic I: Tuesday, Sep 18 10:00 - 11:00 am

**WITHOUT DOGS!** No, you didn't read that wrong! This Clinic is designed so that the 2-legged students can learn how to use positive reinforcement to achieve training goals. Since you are your dog's primary trainer, it is a must for you to understand how to communicate with them and to help them grow into the canine companion that you would like for them to become.

Clinic II: Thursday, Oct 18 10:00 - 11:00 am

Look, sit, come, stay & wait (perfect for teaching the dogs not to dash out the door).

Clinic III: Wednesday, Nov 28 3:30 - 4:30 pm

Look, sit, come, down & settle (ideal for having the dogs chill while company is over).

Clinic IV: Thursday, Dec 13 10:00 - 11:00 am

Look, sit, come, leave it & drop it (a must if the dog snags an item they shouldn't have).

# **ENRICHMENT**

## FLUVANNA MOTHERS PLAY GROUP

# Infants - 6 / Tuesdays / Begins Aug 21 / 10 am - 12 pm / \$5 per year / Carysbrook Gym

This is a weekly playgroup designed for children birth to age 6. Our play area in the gym includes toys and play mats for your child to enjoy. We encourage parents and caretakers to play with the children and socialize in our kid-friendly environment. In order to fund all of our events, purchase cleaning supplies, and to buy new toys and bins, we ask for \$5 per child. Also, if you would like to donate any toys to the group, feel free to bring them. (Please, NO stuffed animals due to cleaning and storage issues.)

Please contact Adrianna Wilder at carysbrookplaygroup@gmail.com \* Volunteers Needed!

## POLYNESIAN DANCE LESSONS

# All Ages / Tuesdays / See dates & times below / \$55 per Session / Fluvanna Community Center

Come have fun while learning the dances of Hawaii, Tahiti, Samoa and New Zealand, in a relaxed, casual environment. Each class will start with a warm-up and some basic dance steps, then continue learning choreography from different Pacific Islands. All Choreography has modifications to accommodate all ages and skill levels. It does not matter if you have two left feet, are just looking for exercise/fun or are serious about dancing. Bring a Sarong and come shake your Okole! Instructor Jennifer Stinnett. Classes held at the Fluvanna Community Center, 5725 James Madison Highway, Fork Union, VA 23055

 Session 1:
 Aug 7 - Sep 11 Tuesdays
 6:15 - 7:30 pm

 Session 2:
 Sep 18 - Oct 23 Tuesdays
 6:15 - 7:30 pm

 Session 3:
 Oct 30 - Dec 4 Tuesdays
 6:15 - 7:30 pm

# TEEN NIGHT at LAKE MONTICELLO

Ages 13-17 / Friday, Sept 7 / 7 - 10:00 pm / \$10 / Lake Monticello Club House

Come on out to our first Teen Night at Lake Monticello!

Join your friends to win door prizes, dance to the DJ, and sing your favorite song at Karaoke. A fun night with pizza and light refreshments.

## TEEN NIGHT at LAKE MONTICELLO

Ages 13-17 / Saturday, Oct 20 / 7 - 10:00 pm / \$10 / Lake Monticello Club House

Chill with your friends for a Thriller of a Teen Night at Lake Monticello!

Create your best costume to participate in the costume contest: Most Original, Scariest and Funniest. Or just come hang out and enjoy the DJ, Karaoke, and PIZZA!

For questions please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

# Join us for our 14th Annual Halloween Festival!

Friday October 26 at the Fluvanna County Library

5 - 8 pm....

- Arts & Crafts
- Magic Show
- Halloween Movie

Saturday, October 27, 6 - 8:30 pm





at the Pleasant Grove Pole Barn
Costume Contests - 4 Age Groups
Judging @ 7:30 pm
Crafts & Games
Semi-Scary Hayrides!

Contact Eric Armentrout with questions at (434) 842-3150 or earmentrout@fluvannacounty.org

# WINTER BREAK DAY CAMP

2 Age Groups 6-11 and 12-15 / See dates & prices below / 8 am -5 pm / Carysbrook Gym

Looking for some fun this Winter Break? We are offering 4 Sessions of Winter Day Camp this year.

Limited to ten campers per age group. These Sessions will be for the more adventurous with activities such as Snow Tubing, an Indoor Waterpark and Indoor Rock climbing. Schedule is subject to change and will be finalized the week before camp.

**Session 1:** Winter Break Day Camp Ages 6 - 11: \$90, December 27 - 28

Session 2: Winter Break Day Camp Ages 12 - 15: \$90, December 27 - 28

Session 3: Winter Break Day Camp Ages 6 - 11: \$125, January 2 - 4

Session 4: Winter Break Day Camp Ages 12 - 15: \$125, January 2 - 4

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

# 2018 Holiday Celebration

Please join us for Holiday Cheer and fun for the whole family!

\*PLEASANT GROVE PARK OPEN HOUSE: December 7, 6 - 8 pm

Tree Lighting \* Arts & Crafts \* Light Refreshments

\*HOLIDAY PERFORMANCES: December 8, 2 - 4 pm at Carysbrook Performing Arts Center Holiday Performances \* FREE 4x6 photo with Santa Claus \*

\*Entry fee for events is a canned good donation or non-perishable food item to benefit MACAA

Contact Eric Armentrout with questions at (434) 842 - 3150 or earmentrout@fluvannacounty.org

Annual Holiday Celebration for Seniors

Wednesday, December 19, 11am-2pm *FREE* 55+ Fluvanna Community Center

This free event is for all of our Active Adult Center Members. Visitors 55 and over are welcome to sign up!

Must RSVP @ 842-3150 by Wednesday, December 5

We eat a nice holiday lunch, draw for raffle prizes, and give some local preschoolers a very special day with a visit from Santa Claus.

For questions, please contact Faith Stuart at 842-3150 or fstuart@fluvannacounty.org

# All Aboard! Santa Claus Train Ride

Saturday, December 1, Tickets \$25, Infants Under 2 Free

FCPR is offering a memorable train ride with the *Old Dominion Chapter of the National Railroad Historical Society*. Here's your chance to meet the happiest man in a red suit on a train! A great time for the young and the young at heart! Train departs from Dillwyn at 11 am for a 45-minute long train ride.

Purchase tickets at the Pleasant Grove Museum House or call (434) 589-2016 for more information.

# **OUTDOOR ACTIVITIES**

## INTRO to KAYAKING

# Ages 18+ / Saturday, Sept 22, 9 am - Noon / \$25 / Meets at Beach 4, Lake Monticello

Covers the basics of kayaking, the fundamentals of paddling and safety afloat.

Class size limited to 8 participants. Kayak, paddle and lifejacket (PFD) provided. Must register in advance.

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

# LLAMA TREKS AT PLEASANT GROVE PARK

# 10+ or with accompanying adult / See dates and times below / \$36 / Pleasant Grove Park

SESSION 1: Sept 29, Saturday, 2 pm

SESSION 2: Nov 3, Saturday, 2 pm

Enjoy a leisurely walk in the woods with a llama as your companion. Guided along roughly 3 miles of trails at Pleasant Grove, learn about llamas and the local flora and fauna along the way. Each person, gets to walk their own llama. Younger children may accompany an adult. Each walk has room for up to 8 people. Bottled water provided. Please wear appropriate shoes for a hike in the woods as we will be crossing creeks. No flip flops, clogs or open-tied shoes. The introduction to the llamas and the walk takes about 2 to 3 hours. Must register in advance. We will meet in the equine parking area.

**Trek Leaders:** Heather Antonacci and Paige McGrath - Lower Sherwood Llamas.

# HORSEBACK RIDING CLASSES AT EQUUS SPRINGS FARM, Instructor: Heather Antonacci

## **Hunt Seat and Western Lessons Available**

## INTRODUCTION TO HORSEBACK RIDING

# Ages 5 - 95 / See Dates & Times Below / \$100 per Session / Equus Springs Farm / 4 week class

Little or no riding experience. Learn grooming, tacking, and riding. Students will ride independently.

Session 1:	Sept 29 - Oct 20	Saturdays	9:00 - 10:00 am
Session 2:	Oct 4 - Oct 25	Thursdays	6:00 - 7:00 pm
Session 3:	Oct 12 - Nov 2	Fridays	6:00 - 7:00 pm
Session 4:	Oct 25 - Nov 15	Thursdays	4:30 - 5:30 pm
Session 5:	Nov 3 - Nov 24	Saturdays	9:00 - 10:00 am
Session 6:	Dec 1 - Dec 22	Saturdays	9:00 - 10:00 am

#### **BEGINNER HORSEBACK RIDING**

# Ages 6+ / See Dates & Times Below / \$100 per Session / Equus Springs Farm / 4 week class

Beginners with experience who are able to trot independently and control speed and direction of horse.

Session 1:	Sept 27 - Oct 18	Thursdays	4:30 - 5:30 pm
Session 2:	Oct 6 - Oct 27	Saturdays	9:00 - 10:00 am
Session 3:	Oct 12 - Nov 2	Fridays	6:00 - 7:00 pm
	Nov 7 - Nov 28	Wednesdays	4:30 - 5:30 pm
Session 5:	Dec 1 - Dec 22	Saturdays	9:00 - 10:00 am

## INTERMEDIATE HUNTER HORSEBACK RIDING

## Ages 8+ / See Dates & Times Below / \$100 per Session / Equus Springs Farm / 4 week class

For those with experience; must be able to canter and jump 18" or lope patterns safely in a group.

Session 1:	Oct 5 - Oct 26	Fridays	4:30 - 5:30 pm
Session 2:	Oct 20 - Nov 10	Saturdays	9:00 - 10:00 am
Session 3:	Nov 16 - Dec 7	Fridays	4:30 - 5:30 pm



# **OUTDOOR ACTIVITIES**

# **VIRGINIA MASTER NATURALIST ACTIVITIES**

# HIKES ARE ON THE SECOND SATURDAY OF THE MONTH AT 10 AM

- ⇒ **September 8** Meet at the Nature Room at Pleasant Grove House Summer Kitchen to visit some of the many Bluebird houses at Pleasant Grove with a Bluebird monitor. Learn how to encourage Bluebirds on your property.
- ⇒ **October 13** Meet at the Equestrian parking for a discussion and guided hike about the effect of Fall on animals and their habitats. Go on a hike with a Master Naturalist along the Heritage and Cross Hill trails to observe how the change in seasons affects the natural environment.
- ⇒ **November 10** Meet at the upper picnic shelter at the Dog Park for a guided hike with a Master Naturalist along the ADA friendly Sandy Beach Trail. We'll be looking for "Ghost Trees", "Alien Species", "Invaders", and other "unnatural" nature sights.
- ⇒ **December** No hike!
- ⇒ **January 12** Meet at the soccer field parking lot for a guided hike with a Master Naturalist. We'll hike along portions of the Brush Arbor, Rock Brook and Quail Meadow trails to observe how the winter season has changed these wildlife habitats. We'll be watching to see how the plants have changed and how the animals that depend on them adapt.

**INFORMATIONAL KIOSKS:** Look for new educational materials and current trail info posted on our Trailhead Kiosk built through a Virginia Dominion Power grant.

**SELF-GUIDED NATURE HIKE:** Developed by the Master Naturalist for the annual Earth Day event. The Kiosk behind the Butterfly Garden has a guide to the numbered signs along the trail to help you understand the forest and history of this area.

**NATURE ROOM:** The Nature Room in the Summer Kitchen attached to the Pleasant Grove House Museum contains artifacts, found nature objects and educational materials about the wildlife and the natural resources of Fluvanna county.

**NATURE FLYERS:** Printed educational brochures are available in the Pleasant Grove Museum House. Flyers include information on birding in Fluvanna County, tree identification at Pleasant Grove Park and information on Bluebirds and Bobwhite Quail.

**BUTTERFLY GARDEN:** Visit our Butterfly Garden with over 500 native plants featured in four different landscapes. See thousands of pollinators at work, in the summer witness newly hatched Monarchs on our Milkweeds. The Butterfly Garden is near the Community Garden and the main parking lot of the Pleasant Grove House Museum.

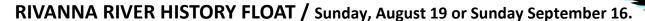
**Visit www.rivannariver.org** to find out about other nature programs in Fluvanna County including nature hikes at the Scheier Natural Area. The Scheier Natural Area is a 100 acre parcel of land with 8 ponds and over 3 miles of beautiful trails for hiking, enjoyment of nature, and environmental education.

# **RENT CANOES AND KAYAKS**

# **CANOE LIVERY at PLEASANT GROVE**

RENT CANOES and KAYAKS / \$20 per day, \$35 per weekend / \$100 deposit per boat / Call (434) 589-2016 to arrange rental.

Includes paddles and Personal Floatation Device (Lifejacket).



Take a leisurely and educational float down the Rivanna River from Crofton to Palmyra. Guided by local historian and boatman Brian Coffield. Stop and visit historic sites and structures that were an integral part of commercial navigation on the Rivanna in the 18<sup>th</sup> and 19<sup>th</sup> centuries. \$20 per person, 4-12 participants, ages 18+. Participants responsible for boat/paddle/life jacket, etc. (rentals available). Meets at the *Palmyra VDGIF Boat Launch* – shuttle is provided. *Paddling experience required*. You must be able to carry one end of a boat and assist in lifting it onto a trailer. Participants may bring their own boat, paddle and PFD, or arrange for a rental. All participants should bring their own food and water, insect repellant, sunscreen and river shoes.

Please call (434) 589-2016 for information or register online at www.fluvannacounty.org/parksrec

# RIVANNA RIVER SHUTTLE / CROFTON PUT-IN TO PALMYRA TAKE-OUT

\$5 per Person - 4 Person Minimum or \$20 minimum required 3 Day Notice Required, please call: **(434) 589-2016 or (434) 842-3150** 

or email **pghmuseum@fluvannacounty.org** to arrange Shuttle.

At the agreed date and time, a shuttle with boat trailer will meet you at the Palmyra VDGIF Boat Launch (RT 53 & RT 15), transporting you and your boats to the Put-In at the Crofton Boat Launch (S. Boston Rd.). Allowing you to paddle and enjoy the river back to the Palmyra VDGIF Boat Launch and your vehicle.



Good Any Day: \$42

**Valid Any Regular Park Operating Day** 

Fall Fun Day: \$40

Valid Sep 22 - October 28, Weekends Only

Purchase at the Pleasant Grove House Museum.

Call (434) 589-2016 for information.

Fluvanna County Parks and Recreation (434) 589-2016

www.fluvannacounty.org/parksrec

# FAIR ADMISSION & HOURS



## Fair Admission

General Admission: \$2.00 Children under 2: FREE! Thursday Night Special! Everyone 18 and under is FREE!

# **Special Events**

Antique Tractor Pull Friday, August 17

18 and up: \$5.00 17 and under: \$2.00 Children under 2: FREE

### Rodeo

Saturday, August 18

18 and up: \$15.00 17 and under: \$10.00 Children under 2: FREE

## Carnival

Individual Tickets: \$1.00 24 Ticket Bundle: \$20.00 Nightly Armbands: \$15.00

# **CARNIVAL HOURS**

# **FAIR HOURS**

# THANK YOU!

# Valley Amusement

for your participation in the Fluvanna County Fair!



# FAIR EVENTS SCHEDULE

# Wednesday, 15th

6:00 Carnival opens 10:00 Carnival closes

# Thursday, 16th

12:00 - 4:00 Home Arts entry drop-off

4:00 4-H, Home Arts, Fun-zone opens

5:00 4-H Skill-a-thon Contest

5:30 Pep Rally

6:00 Carnival opens\*

Balloon Rides - Re/Max

7:00 4-H Costume Contest Wing Eating Contest

9:00 Fair closes

10:00 Carnival closes

# Griday, 17th

10:00 - 12:00 Open to special needs individuals only

4:00 4-H, Home Arts, Fun-zone opens

5:30 4-H Rabbit and Poultry Show Antique Tractor Pull\*

# Saturday, 18th

8:00 4-H Livestock Show

10:00 4-H, Home Arts, Fun-zone, and Carnival\* opens Equine Trail Obstacle Challenge

11:30 Pie Eating Contest - main stage

12:30 Mr. Magic - main stage

1:00 4-H Buyers Reception

Mini Excavator Challenge - Pleasant Grove House

2:00 4-H Livestock Sale

3:00 Corn Hole Tournament - Pleasant Grove House Carnival break

3:30 Live Music (TBA) - main stage

4:00 Jalapeño Eating Contest - main stage

5:30 4-H Rabbit and Poultry Show

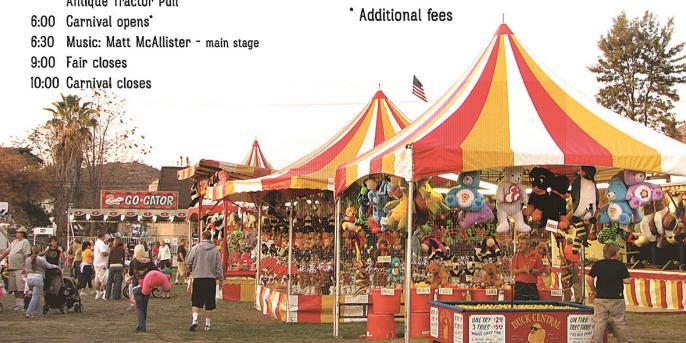
5:00 Carnival re-opens

6:00 Home Arts entries dismissed Rodeo\*

6:30 Music: Cheap Whiskey - main stage

9:00 Fair closes

10:00 Carnival closes



# FAIR MAP

**MAIN GATE** PLEASANT GROVE HOUSE FARM HERITAGE MUSEUM **RESTROOMS PORTA JOHNS EMERGENCY SERVICES** LIVESTOCK AREA **CARNIVAL HOME ARTS SPECIAL EVENTS SPONSOR ROW** TRACTOR DISPLAY **FUNZONE VENDOR LOT 1-20 VENDOR LOT 21-37 VENDOR LOT 38-56 VENDOR PARKING BUTTERFLY GARDEN PARKING MUSIC** 

# **FLUVANNA COUNTY LIBRARY PROGRAMS**

# 2018 FALL EVENTS @ FLUVANNA LIBRARY

# **Tuesday Morning Story Time**

August 21 – December 11, Tuesdays at 10 am Infants to Preschool. Join us for some Mother Goose on the Loose, fun stories, and songs.

# **Friday Morning Story Time**

August 24 – December 14, Fridays at 10 am Preschool. Join us for some fun stories and alternating weeks of a craft or STEM activities.

# Friday Movies @ the Library

Every first and third Fridays all year long at 2 and 7 pm Contact the Library for titles at (434) 589-1400 or via email at **fluvannalibrary@gmail.com** Sponsored by the Friends of the Library.

# "No School Today" Activities & Movie

Friday, October 5, 1 pm Activities & - 2 pm Movie – TBD Contact the Library for titles at (434) 589-1400 or via email at **fluvannalibrary@gmail.com** Sponsored by the Friends of the Library.

# **Moonlight Madness**

Friday, October 26, 6:30-8:30 pm Come and observe the moon, enjoy moon related activities and a "Howl at the Moon the Loudest" contest at 7 pm Fun for the whole family!

# "No School Today" Activities & Movie

Friday, November 9, 1 pm Activities and @ 2 pm Movie – TBD Contact the Library for titles at (434) 589-1400 or via email at **fluvannalibrary@gmail.com** Sponsored by the Friends of the Library.

# Winter Reading Program @ the Library

Calling all kid, teen, and adult readers! Sign-up beginning Monday, December 10. Cool prizes.

# WINTER BREAK @ THE LIBRARY FRIDAY, DECEMBER 28

1 pm – Activities

2 pm - Movie - TBD

# WINTER BREAK @ THE LIBRARY THURSDAY, JANUARY 3

1-3 pm – LEGO Builder Party

2 pm - Movie - TBD

All programs are sponsored by the Friends of the Library. Movie titles are on our webpage at www.fcplva.org or contact the Library at (434) 589-1400 or via email at fluvannalibrary@gmail.com

Special programs, tours and workshops are available for groups and can be scheduled upon request.

Please contact the Library for more information or with any questions at: Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963 - (434) 589-1400 or via email at fluvannalibrary@gmail.com







# Sponsored by the Fluvanna County Sheriff's Office

Fire, Rescue and Other Safety Agencies

Saturday, September 15

Pleasant Grove, Palmyra, Va

9:00 a.m.—2:00 p.m.

**Live Demos & Simulations** 



Emergency Preparedness \* Gun Safety \* Bike Safety \* Car Seat Safety \* K-9 demonstrations
Fire Safety \* CPR Demonstrations \* D.A.R.E \* Water safety \* Boat Safety \* Cyberbullying
911 Simulation \* Drug Take Back \* Helmet Safety \* Drunk Driving Goggles Simulation \* Motorcycle
Safety \* Self Defense \* MADD \* Child Fingerprinting/ID \* Boat Safety \* Red Cross \* SWAT Demo
UVA Poison Control \* UVA Trauma Unit \* Infant Safety \* Alzheimer Education \* Gas Safety
ATV Safety \* Suicide Prevention \* Fall Prevention \* PEGASUS HELICOPTER
SCANEd Teen Demonstration \* Earthquake/Flood Education/Insurance \* Firearm Safety
Teen Safe Driving \* Pet Safety \* Bank Fraud \* Internet Safety \* ...and more!

# **RENTALS & RATES**

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

**Pleasant Grove Park** 

Athletic Fields: \$10/hour Baseball, Softball, Soccer Tournaments: \$75/day

Pole Barn: \$75/day - \$100 Deposit

**Utilities:** \$25/day

Horseback Trails: \$8/ Daily

Outdoor Stage: \$100/day - \$100 Deposit Meeting Room: \$10/hour - \$100 Deposit

**Eastern Trailhead Pavilions (Dog Park)** 

Large Pavilion: (40 people): \$50/day - \$100 Deposit

Small Pavilion: (25 people): \$25/day - \$100 Deposit

Fluvanna Community Center

Meeting Room: \$20/hour - \$100 Deposit Auditorium: \$75/hour - \$100 Deposit Staffing Fee (after hours): \$15 hour

Carysbrook Sports Complex

Athletic Fields: \$10/hour-\$100 Deposit

\*with lights \$20/hour

**Tournaments:** \$75/day - \$100 Deposit **Gymnasium:** \$50/hour-\$100 Deposit

\*with tarp \$75/hour

Staffing Fee (after hours): \$15 hour

**Tables** 

Rectangular: \$3 each per day - \$50 Deposit Round: \$5 each per day - \$50 Deposit

Chairs

\$1 each per day - \$50 Deposit

**Tents** 

18' x 30' Tent Canopy \$100/day - \$100 Deposit

14' x 20' Tent Canopy \$75/day - \$100 Deposit



# **DISC GOLF COURSE at PLEASANT GROVE PARK**

Rentals: Disc Golf Sets are for rent from the Pleasant Grove House Museum for \$5 per Set, including disc carrying bag. \$50 deposit for each disc golf set.

We have opened the first 9 holes of our disc golf course.

There is still some work to be done on these holes, so please enjoy carefully!!! Work on the back 9 holes should be completed by late fall. Stay Tuned!

# "Learn The Disc Golf Lingo...."

Grip it and Rip it; a good throw

**Nestle;** when you throw a little off the fairway into the trees That was some serious tree love; after a friendly tree kick **That's PARKED;** after throwing a drive within 20 ft of the basket Your in the SCHULE; Deep Rough, almost impossible to get out of Your in the Bird Sanctuary; your so close you better make it Your in JAIL; see SCHULE

Nice Up; compliment after a long upshot

That's the Local Route; after getting through the shule and trees with a shank and then being parked

That was a BOMB; a huge impressive drive or throw

Get Skippy with it; trying to skip your disc

Get Rolly with it; you want your disc to roll closer to the basket

Fluvanna County Parks and Recreation (434) 589-2016

# Registration Form



# PAYMENT MUST ACCOMPANY THIS FORM Make checks payable to "FCPR" P.O. Box 70, Palmyra, VA 22963 (434) 589-2016

FLUVANNA	First Name Middle Initial				ial
PARKS & RECREATION	Last Name	Birt	h Date/_	/	Gender M / F
Mailing Address					
Email Address					
Home Phone					
Emergency Contact: Nar	ne	Pl	none		
Shirt Size: □Yout	h □Adult □Small □M	edium □Large □X-Large			
Special Needs/Disabilitie	es	Allergies			
Household Members:					
Name:			Birth	Date: _	//
Name:			Birth	Date: _	/
Name:			Birth !	Date: _	/
Name:			Birth	Date: _	//
Activity Title	Date(s)	Time(s)		Fee (n	on-resident add 15%)
		sumption Of Risk			
with participating in recreati and that of other participants child will be expected to bel- to discipline my child in a m law, both Fluvanna County a while participating in the act occurrences. With all this in	onal activity and that it is to a second activity and that it is to a second and research and research are similar to that impossed its employees are immulated and that I may consider mind, I hereby give my co	by child is) being enrolled. I use the duty of each participant to be my child, I also understand sponsible manner and that the sed in Fluvanna County's publine from liability for negliger ler procuring insurance to pronsent to enroll myself (my check appropriate facility for my	exercise reast that, while p activity's su- lic schools. I ace should I ( tect myself ( ild) in the ac	sonable articipat upervisor underst (my childmy childmy tribution)	care for their own safety ing in the activity, my ry staff has the authority and that under Virginia d) suffer any injury d) from such dicated. I also agree for
Signature of Participant of	or Legal Guardian if und	er 18 years of age			Date:
Print Legal Guardian's n	ame for participants und	er 18 years of age:			
\$10 service charge will be d	educted from the refund ur	ed provided the request is n lless the cause is due to a cha lucted from your refund. Allo	nge in the cla	iss sched	lule. If supplies were

A \$20 service charge will be assessed for any returned checks.

# FLUVANNA COUNTY PARKS AND RECREATION FACILITIES

#### Pleasant Grove House Museum & Welcome Center

271 Pleasant Grove Drive Palmyra, VA 22963 (434) 589-2016

- Parks and Rec Office
- County Welcome Center
- Transportation Museum
- Summer Kitchen
- Nature Room

#### www.fluvannacounty.org/parksrec

#### **Fluvanna Community Center**

5725 James Madison Highway Fork Union, VA 23055 (434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Classrooms
- Rentals All Year Long

# Pleasant Grove Park and Western Trailhead

271 Pleasant Grove Drive Palmyra, VA 22963

- Hiking, Biking and Equestrian Trails
- Pole Barn
- Playground
- Athletic Fields, including Disc Golf
- Butterfly Garden
- Outdoor Stage

#### **Carysbrook Sport Complex**

8788 James Madison Highway Fork Union, VA 23055

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

Event Updates, Photos and Trail Info... www.Facebook.com/FluvannaParksandRecreation

#### Pleasant Grove Dog Park and Eastern Trailhead

110 Thomas Jefferson Parkway Palmyra, VA 22963

- Dog Park with 3 fenced areas for large and small dogs
- ADA Trailhead
- Picnic Shelters
- Fitness Trail
- Hiking Trails

# **Carysbrook Performing**

#### **Arts Center**

8880 James Madison Highway Palmyra, VA 23055

- Various Performances
- Rental Options

#### **Civil War Park**

Palmyra, VA 22963 1/2-acre with picnic tables, next to the Old Stone Jail Museum

# FLUVANNA COUNTY COMMUNITY PARTNERS

#### Fluvanna County Extension Office

5725 James Madison Highway Fork Union, VA 23055 (434) 591 - 1950

## Fluvanna County Library

214 Commons Boulevard Palmyra, VA 22963 (434) 589 - 1400

#### **School Board Office**

14455 James Madison Highway Palmyra, VA 22963 (434) 589 - 8208

#### Sheriff's Office

160 Commons Boulevard Palmyra, VA 22963 (434) 589 - 8211

#### Fluvanna County Historical Society

14 Stone Jail Street or PO Box 8 Palmyra, VA 22963 (434) 589 - 7910 fluvannahistory@gmail.com

#### Jefferson Area Board for Aging

674 Hillsdale Dr. Ste. 9 Charlottesville, VA 22901 (434) 817 - 5222 jabacares@gmail.com

#### Fluvanna Heritage Trail Foundation

PO Box 501 Palmyra, VA 22963 (434) 589 - 4839

#### **Fluvanna Master Gardeners**

(434) 591 - 1950 www.fluvannamg.org

#### Fluvanna Arts Council

Box 210 Palmyra, VA 22963 (434) 842 - 1333 Info@Carysbrook.org

#### **Social Services**

8880 James Madison Highway Fork Union, VA 23055 (434) 842 - 8221

#### Fork Union Military Academy

4744 James Madison Highway Fork Union VA 23055 (434) 842 - 3212

#### **Boy Scouts of America**

Stonewall Jackson Area Council www.bsa-sjac.org/districts/monticello

#### Fluvanna Farm Bureau

15905 W. River Road Fork Union, VA 23055 (434) 842 - 3411

# Virginia Department of Game and Inland Fisheries

Chris Heberling, Game Warden (540) 899 - 4169 www.dgif.virginia.gov

## **Child Services Act**

132 Main Street Palmyra, VA 22963 (434) 591 - 1933

#### **Chamber of Commerce**

177 Main Street Palmyra, VA 22963 (434) 489 - 3262

#### **Youth Advisory Committee**

www.fluvannayac.org

#### Partnership for Aging

Deborrah Foreman (434) 962 - 8153

#### Fluvanna Art Association

www.fluvannaartassociation.com

#### **Department of Social Services**

8880 James Madison Highway Fork Union, VA 23055 (434) 842 - 8221



Event Updates, Photos and Current Trail Info... www.Facebook.com/FluvannaParksandRecreation

# **FLUVANNA SPORT ORGANIZATIONS**

#### **Basketball - FCPR**

Fluvanna County Parks & Recreation (Fall & Winter) Ages 3 - 17 Contact: Thomas Baber (434) 589 - 2016 tbaber@fluvannacounty.org

#### **Tennis**

Camp Friendship Tennis Center Contact: Alina Ackenbom (434) 589 - 5867 alina@campfriendship.com www.friendshiptennis.com

#### Baseball - FYB

Fluvanna Youth Baseball
(Spring)
Ages 4 - 15
Baseballfluvannayouth@gmail.com
fluvannayouthbaseball.com

#### Softball

Fluvanna Girls Softball League (Spring & Fall) Ages 5 - 18 Contact: Tiffany Rosales (434) 242 - 1933 fluvannasoftball@gmail.com www.fluvannagirlssoftball.com

#### Football

Jefferson District Youth Football League (Fall) Ages 8 - 14 Fluvanna County Contact: Doug Snyder flucofootballmom@gmail.com www.TJFYL.net

#### Soccer - FYSA

Fluvanna Youth Soccer Association (Spring & Fall) Littler Strikers & U5 - U14 Contact: Tom Beckham at FYSAforce@aol.com www.fysa.org

#### **SWIMMING**

LMST - Lake Monticello Swim Team (Summer) Contact: Kirsten Weimer Imstsharks@gmail.com www.lmst.jsl.org

FAST - Fluvanna Aquatics Sports Team (Summer) Contact: Coz DiFazio (434) 326 - 5566 Cos.difazio@gmail.com

www.iswimfast.com

# **FUMA Aquatic Club**

(Summer) Contact: Ryan Campbell campbellr@fuma.org (434) 842 - 4210

# Flutterwheels Square Dance Club

Contact: Faith or Dan (434) 842-9020



# **Pleasant Grove House Museum**

A slice of Fluvanna history resides in the renovated Pleasant Grove House and Summer Kitchen Museums.

The House also serves as the County Welcome Center for visitors along with housing exhibits relating to the history of transportation in Fluvanna County.

#### **Hours:**

Monday to Friday 8 am - 5 pm Saturday and Sunday 12 - 4 pm

# Address:

271 Pleasant Grove Drive Palmyra, VA 22963 **Phone:** (434) 589 - 2016

